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HOW TO ENROL

Join thousands of our learners who enrol and pay online **NOW!!**

Go to **www.mylearningskills.co.uk** or use the QR codes to take you directly to your chosen section.

For more information or to speak to our course team call **0191 433 8646** or email **contact@mylearningskills.co.uk**





ADULT COURSES

We offer a wide range of skill-building and wellbeing courses across Gateshead and online to help you learn, grow and thrive.

MENTAL HEALTH & WELLBEING

Discover a new way to boost your mental health and wellbeing with our relaxing courses at Learning and Skills.

We offer a variety of creative classes to help you to de-stress and unleash your inner self-including silversmithing, textiles, crafts and watercolour painting.

COOKING ON A BUDGET

Learn how to prepare delicious and healthy meals without breaking the bank. During this practical course you'll learn about all essential skills used in cooking, such as meal preparation, the safe use of appropriate equipment and how to follow recipes. The focus of each week will be to make something that is quick and easy that can be adapted to suit your needs.

There'll be demonstrations, one-to-one guidance and handouts to support your learning and allow you to recreate the recipes at home.

MUSIC & PERFORMANCE

Whether you're an aspiring guitar rock star or would like to learn how to play ukulele to unwind, our range of media and performance courses are designed by our talented tutors to cater to all levels of experience. Learn how to write and record your own songs or learn how to play the hits. Join us for a fulfilling learning experience and unleash your musical creativity.

ART

Are you a creative soul looking to explore your artistic side? Have a look at our range of art courses.



Whether you are a beginner or seasoned artist looking to enhance your skills, we have something for everyone

POTTERY

Our pottery courses cater for everyone of all skills and abilities. Whether a complete beginner or advanced, you will learn skills and techniques to create beautiful ceramic art. Our courses emphasise wellbeing and the benefits of working creatively with clay. You will be encouraged to explore your own ideas but also follow basic instructions to develop your own personalised projects, and create unique and beautiful ceramic pieces.

You will learn all of the techniques to help you succeed, including hand building methods and using the potters' wheel. You will also learn how to decorate and glaze your creation by our skilled tutors.

We have daytime, evening and weekend courses available. Contact us on 0191 433 8646 to reserve your place.



SILVERSMITHING & JEWELLERY-MAKING

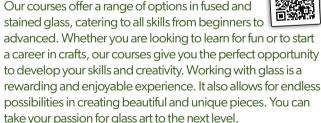


Whether you are looking to start a creative business or just want to explore a new hobby, our silversmithing courses can give you the skills you need to make your own jewellery or fine products. You will look at the work of well known artists to develop your own ideas and create your own beautiful works of art. We have classes available throughout to day and weekends to suit your schedule. Most of the tools are available to use during the course.

Our practical courses are a great choice for people wanting a career in artisan silver and metal work.

If you have a passion for crafting unique pieces are looking to improve your skills, our Silversmithing courses are the thing for you.

GLASS



Join us for daytime, evening or weekend courses and unlock your creative potential.

LEARNING AND SKILLS: CALL: 0191 433 8646

CRAFT

Are you looking to get creative and dive into the world of crafts? Look no further than our fantastic array of craft courses. Whether you are a beginner looking to learn a new skill or an advanced crafter wanting to expand your knowledge, we have got something for everyone. From accredited courses to one-day workshops for some fun, our extensive programme caters to all skill levels. Do not miss this opportunity to unleash your creativity and connect with fellow crafters.

Sign up for a course today and let your imagination run wild.

SEWING & TEXTILES

If you are looking to unleash your creativity and learn a valuable skill at the same time. Look no further than our textiles courses. Whether you want to make items from new or repurposed material we have a course for you. If you are a beginner or have some experience, we have a wide range of courses available to suit your needs.

Our courses are designed to help you practice your skills and create beautiful handmade pieces. Join us to learn the art of sewing and pattern making. Not only will you save money by making your own clothes, but you will also have the satisfaction of knowing you created something unique.

Sign up for one of our sewing courses today and start creating beautiful pieces you will be proud to show off.

CAKE DECORATING & SUGARCRAFT

Would you like to be able to decorate cakes for friends and family? Or would you like to take your cake decorating skills to the next level? We offer a range of courses to learn the art of working with sugar to create masterpieces for any occasion.

You will work with one of our expert tutors to learn new techniques and learn about the latest trends in cake decoration, working with sugar paste and modelling with chocolate to create beautiful works of art that will never fail to impress.

Enrol now for your chance to reserve a space on this not-tobe missed opportunity.



LEARNING AND SKILLS: CALL: 0191 433 8646

HISTORY & SCIENCE

Dive into the rich history of Gateshead.

Discover the fascinating stories of your ancestors and learn how to research your family tree with expert guidance.

Share your family tales with fellow learners.

Connect with new people, uncover hidden gems from the past, and make history come alive.





LAPTOPS & IPADS

If you want to boost your digital skills and get to grips with tablets, smartphones, or laptops. Our courses cater to all levels, from beginners to advanced users.

Whether you use your own device or ours, we have the resources and expertise to help you navigate the digital world with confidence.

Do not miss out on the opportunity to open up new possibilities and enhance your online experience.

FAMILY LEARNING

What is Family Learning?

Family Learning offers a range of creative learning activities, which allow children and their parents, carers and relatives to learn together in a safe and inclusive environment.

Research shows that children stand a much better chance of succeeding in life if their parents/carers are engaged in learning. Family Learning aims to create a culture of aspiration in every family, removing barriers to learning and raising confidence and self-belief. We deliver courses and workshops in schools and community venues across Gateshead and all of our sessions are free!



WHAT DO WE OFFER?



We run **Homework Clubs** to support your child with their homework and **Understanding Phonics** courses to help you to support your child's reading and learning at home.

Story Sacks courses are a great way to find out how you can work with your child to create fun ways to boost your child's reading skills by exploring a favourite story. **Number Sacks** courses can give you the tools you need to help your child at school with maths.

Building a Resilient Child is a short course to help parents and children build positive relationships with each other.

Our **Healthy Lives** course promotes the importance of eating a balanced diet, keeping teeth healthy and how to create delicious healthy snacks with your child.

Our **Outdoor Explorers** course promotes physical and mental wellbeing through engagement with nature. Through outdoor learning, children will learn more about the world around them by discovering more about habitats, minibeasts and looking after the environment.

We run a range of craft courses throughout the year to learn new skills with your child, including **Silk Painting**, **Scrapbooking**, **Christmas and Summer Crafts**, **and more**.

For more information, call us now on 0191 433 8646.



Our Functional Maths course will be able to help to improve your knowledge and confidence. These courses are for beginners to Level 2 and are perfect for anyone over 19 looking to boost their maths skills You will learn how to work out shopping discounts, how to read graphs and charts that you might see in the news, how to problem solve in your daily

With flexible sessions tailored to suit your needs, you can gain a qualification that will help you succeed.

ENGLISH

life, and much more.

Increase your job opportunities with our flexible English classes for those 19 or over, from entry level to Level 2. You will learn how to read for detail and check what a text really means. You will learn how to develop your writing to persuade, inform or entertain your readers. You will develop your speaking and listening skills to become a confident communicator.

We can help you improve your knowledge and confidence in the workplace or in general life.

DIGITAL SKILLS

Navigate your way through a digital world with our digital skills courses for those 19 or over. Whether you are a complete beginner, or already feel confident, we can help you stay safe online while browsing the web or scrolling through social media. You will also learn how to use office software like emails, word processors, spreadsheets and slideshow software.

Don't get left behind and break out the digital skills that you never knew you had.

ENGLISH FOR SPEAKERS OF OTHER LANGUAGES (ESOL)

If English isn't your first language, and you're looking for support with your speaking, reading and writing, our ESOL courses can provide just that. From entry level to Level 2, our programmes will help to build your confidence and improve your vocabulary. Our courses cover speaking, listening, reading, writing, vocabulary, grammar and spelling.



COMMUNITY LEARNING FOR YOUNG PEOPLE AND ADULTS WITH SPECIAL EDUCATIONAL NEEDS AND DISABILITIES

Our new provision for young people and adults with special educational needs and disabilities is now located at our Learning and Skills Centre at Birtley.

Our further education offer is designed to support young people and adults with learning difficulties and/or disabilities to succeed and progress in a safe and inclusive learning environment. Our courses are designed to support you to develop and improve your confidence and independence in and around: Independent living skills, taking part in the local community, making good choices relating to health and exploring your next steps after learning.

You will have access to a fantastic range of personal development courses including arts and crafts, cooking and baking, movement and music, relaxation, sports, coding and exploring cultures and spaces.

To find out more about how we can support you or another young person/adult, or arrange a visit, call us now on **0191 433 8770.**

Employability skills for Young people and Adults with Special Educational Needs and Disabilities



Our new provision for young people and adults with special educational needs and disabilities is now located at our Learning and Skills Centre at Birtley.

Our further education offer is designed to support young people and adults with learning difficulties and/or disabilities to succeed and progress in a safe and inclusive learning environment.

Supported Internships

If you are aged between 16-24 and have a learning difficulty and/or disability you may be able to access our exciting new Supported Internship programme.

On a Supported Internship you will have a personalised study programme and will have access to a work placement within Gateshead Council for up to four days a week.

Employability and Careers pathways

We have courses available for all ages from aged 16 and over for young people and adults who have a learning difficulty and/or disability to help you on your way towards getting a job.

This will include developing practical workplace skills and the knowledge you need to progress in your career.

We provide real opportunities for you to prepare for the next stage of your life, whether that is work, independent living or further learning.

To find out more about how we can support you or another young person/adult, or arrange a visit, call us now on 0191 433 8770.



INTERESTED IN HOW WE CAN SUPPORT YOU WITH OUR COMMUNITY LEARNING COURSES?

Employability Skills



If you are not in work, we can help.

You may have been made redundant recently or have been out of work a while and looking to return to work. Either way, we can help you:

- Improve your it skills to help you look for work
- Work out what skills you have and what you can offer to employers
- Apply for jobs and practice your interview skills
- Gain new skills to help you get a job in a different sector.

Step into Work

If you are 19+ and unemployed and are interested in a career in education, health, care, administration or facilities management then our Step Into Work programme can give you the skills and experience you need to work as part of the NHS or Gateshead Health team.

Workplace Skills:

- · Health and Safety in the Workplace
- Problem Solving in the Workplace
- Time Management
- · Equality and Diversity
- Employment Contracts and Payslips

Vocational Skills:

- Customer Service
- · Business Administration
- Digital Support Technician

Employability Skills:

- Build your CV
- Job Search Skills
- Preparing for a Recruitment Interview
- Skills for Gaining Employment
- Successful Application Forms

Youth Education & Skills



Are you aged between 16-19?

Do you want to the opportunity to develop your skills and knowledge to help you find the job for you?

We can help nurture and build your resilience so that you can confidently explore different vocations and be successful in employment.

At learning and skills, we put your personal development and mental well-being at heart of what we do. If you are not yet ready for college or university or want an apprenticeship and feel you need more time to develop your experience, we can work with you to develop your core skills in English, maths and employability.

We will work with you to achieve your English and Maths qualifications, create CVs, develop your Interview skills, and have an opportunity for real work experience.

For an opportunity to learn and grow, contact us on 0191 433 8646



Teaching & Schools



Have you a specialist area of expertise? Have you ever thought of teaching?

Or have you ever wanted to support children and young people in a school? We have a range of options to help you develop the skills and experience needed to work with children, young people and adults in an education setting.

Careers within Support Work in Schools

If you are interested in becoming a teaching assistant, support colleague, administrator, caretaker or Lunchtime Supervisor, this course will help you understand the roles and responsibilities of those working in a school.

You will learn about child development, safeguarding, equality diversity and inclusion to ensure you have the right start to your career.

You will be able to further develop your learning to include supporting children with maths and literacy, Special Educational Needs and Disabilities and assessment procedures.

Careers within Teaching

If you wish to become a teacher in Further Education, we can help you on your first steps by introducing you to the roles and responsibilities of being a teacher along with the skills and strategies to use in the classroom.

You will learn how to deliver education and training, assess learning, planning outstanding lessons and create your own resources so that you can have the confidence to teach your specialist subject.

To find out more about what we can offer please call us now on 0191 433 8646

Employers

Are you ready to recruit an apprentice?



Employers across the North East are turning to apprenticeships to solve recruitment issues.

Our FREE recruitment offer means you could find the next big thing at a cost effective salary with a cash incentive. Apprentices can bring new skills and behaviours to your workforce and it gives you a fantastic opportunity to shape them into your ideal employee.

Apprentices can not only save you money but can find new ways of working to save you and your organisation time.

Our apprenticeship training is ideal for new recruits and we also offer high level apprenticeships to make your current workforce even more effective in their role. We can help you access government funds to cover the cost of the training.

For a FREE 90 second read sent directly to your inbox go to www.mylearningskills.co.uk/apprenticeship-factsheet

For a FREE advice session you can call our team on 0191 433 8727 or email: contact@onpointapprenticeships.co.uk



STAFF TRAINING

We have many more staff training opportunities within Business Admin, Careers Information, Advice and Guidance, Management and more. Scan the QR code at the top of this page for more information.



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Looking for an Apprenticeship?



Looking for an alternative to university where you can gain skills on the job and earn while you learn? Or are you interested in a career change? An apprenticeship could be right for you! Find your direction and discover your next steps with On Point Apprenticeships.

We can help you get a job you'll love.

Our current apprenticeship vacancies include roles across the North East in Gateshead, Newcastle, Sunderland, and the surrounding areas with local employers from a wide range of industries and sectors.

VIEW OUR LIVE VACANCIES NOW AT www.onpointapprenticeships.co.uk

You can Join Our Community and get FREE email alerts about real life stories of our apprentices, when is the best time to apply and information about job roles available.

